

COURSES ON AGING
UNIVERSITY OF MINNESOTA
1988-89

All-University Council on Aging
University of Minnesota

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Compiled by Monica Colberg
All-University Council on Aging

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University of Minnesota

The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, religion, color, sex, national origin, handicap, age, veteran status, or sexual orientation.

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**COURSES ON AGING
UNIVERSITY OF MINNESOTA**

There are many courses at the University of Minnesota that address aging. The following list includes only those courses in which aging is a primary focus. This publication has been compiled by the All-University Council on Aging (AUCA), a multidisciplinary organization of faculty and students of the University of Minnesota interested in gerontology. For further information on the classes, call the departmental or coordinate campus contact, the instructors, or the AUCA office.

How to Use This Course List

This publication will complement the official bulletins and class schedules of the University of Minnesota. Please refer to them or contact the departments for specific information on class offerings. Prerequisites marked with # indicate that the consent of the instructor is required. Courses marked with ^ indicate that no credit is given if credit has been received for the equivalent course listed after the symbol.

Degree Programs in Aging

Students specialize in aging at either the undergraduate or graduate levels through a variety of programs. Some of these are described below. For further information, call the All-University Council on Aging at 612/625-9099. Counseling for students interested in coursework or programs in aging is available through the AUCA office.

Undergraduate Programs

College of Liberal Arts

Bachelor of Arts (BA) or Bachelor of Science (BS)

Major in one of the traditional disciplines, such as sociology, with appropriate aging courses in major and/or minor departments. The Department of Sociology specifically offers an undergraduate minor in aging. Sociology departmental office telephone: 612/624-4300.

Bachelor of Individualized Studies (BIS)

Coursework grouped into "areas" that may be departmental or interdepartmental in composition. Aging comprises one of these areas. One area may be from outside College of Liberal Arts. 85 credits, of which 75 credits must be 3/5xxx level courses. BIS office telephone: 612/624-8006.

Individualized Designed Inter-Departmental Major (IDIM)

Interdepartmental program of coursework on the theme of aging is developed in consultation with the student, faculty and staff advisors. 80 credits in the major, of which 60 credits must be 3/5xxx level courses. Program leads to a BA. IDIM office telephone: 612/624-8006.

University College

Inter-College Program (ICP)

The ICP allows students to design a 180 credit interdisciplinary, inter-collegiate program leading to the BA or BS degree with an emphasis on aging drawn from many segments of the University. ICP office telephone: 612/624-2004.

University College, cont.

Program for Individualized Learning (PIL)

PIL advisors and the student work closely to develop individualized programs in aging combining courses, directed study projects, and experiences. Program leads to BA or BS degree. PIL office telephone: 612/624-4020.

Graduate Programs

Related Areas or Supporting Programs

The University of Minnesota graduate student may earn her/his graduate degree in a traditional department while pursuing aging studies in the coursework of other department(s). The master's related area (minor) and the doctoral supporting program requirement may be met with courses on aging offered by a number of departments.

Graduate Minor Program in Gerontology

The graduate minor program in gerontology provides a multidisciplinary foundation in gerontology and a concentration in at least two of the following four areas: biological or medical sciences; psychological, behavioral, or social sciences; humanities or fine arts; and public policy and practice, economics, law, or politics. The program is developed in consultation with the Director of Graduate Studies of the All-University Council on Aging.

At the master's level, the minor program requires a minimum of 9 graduate level quarter credits that includes the course Multidisciplinary Perspectives on Aging. The doctoral program requires a minimum of 18 graduate level quarter credits that includes the course Multidisciplinary Perspectives on Aging.

For further information on the Graduate Minor Program in Gerontology, call the AUCA office at 612/625-9099.

TWIN CITIES CAMPUS

ADULT EDUCATION (EDUCATION)

Departmental Contact: Reynold Willie, Associate Professor, 625-3406; Harlan Copeland, Associate Professor, 625-0882.

Offered Every Quarter

Educ 5401 **Adult Learning and Development**
3 Credits Joint Day/Extension Class Williams
Physiological, social and cultural basis of adult behavior, motivation, socialization, personality change as applied to education of adults.

Fall Quarter

Educ 5440 **Multidisciplinary Perspectives on Aging**
4 Credits Joint Day/Extension Class Ostwald, Copeland
Prereq soph

(Concurrent with CPsy 5305, HSU 5009, PA 5414, PubH 5520, SAHP 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

Winter Quarter

Educ 5104 **Survey of Adult Education**
3 Credits Joint Day/Extension Class Copeland
Prereq sr

General concepts in the field, literature, objectives, history, philosophy, research, institutions and problems.

Spring Quarter

Educ 5103 **Adult Education Workshop: Educational Gerontology**
3 Credits Joint Day/Extension Class Copeland
Prereq practicing adult educator or #

Role of education in the instruction of older adults, in the instruction about older people and the aging process, and in the instruction of professionals, paraprofessionals, and volunteers in working with older adults.

Educ 5103 **Adult Education Workshop: The Adult Learner**
3 Credits Class Williams
Prereq practicing adult educator or #

Study of topic appropriate to the activities and interests of the participants.

Summer Quarter

Educ 5104 **Survey of Adult Education**
3 Credits Day Class Copeland
Prereq sr

General concepts in the field; literature, objectives, history, philosophy, research, institutions, issues and problems.

Educ 5401 **Adult Learning and Development**
3 Credits Day Class Williams

Physiological, social and cultural basis of adult behavior, motivation, socialization, personality change as applied to education of adults.

CHILD PSYCHOLOGY

Departmental Contact: William R. Charlesworth, Director of Undergraduate Studies
624-6599.

Fall Quarter

CPsy 5305

Multidisciplinary Perspectives on Aging

4 Credits Joint Day/Extension Class Ostwald, Tapp

Prereq soph

(Concurrent with Educ 5440, HSU 5009, PA 5414, PubH 5520, SAHP 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; leisure.

COMMUNICATION DISORDERS

Departmental Contact: Barbara London, Associate Administrator, 624-3322.

Offered Every Quarter

CDis 5970

Directed Studies in Aging

Arranged Credits Joint Day/Extension Class Lassman

Prereq #

Directed readings, pilot studies and preparation of reports on the structure and function of the aging auditory system.

Winter Quarter

CDis 5102

Communication Problems of Adults

3 Credits Joint Day/Extension Class Haroldson

Specific problems of hearing, speech, language and voice in adults for persons interested in human communication. Information basic to the communicatively impaired adult. Implications for familial, social, academic and vocational adjustments of living.

Spring Quarter

CDis 5608

Language Assessment and Intervention-Adults

4 Credits Joint Day/Extension Class Brookshire

Analysis of language disorders in adolescent and adult populations with special emphasis on assessment and intervention strategies applicable to aphasia and other neurogenic disorders.

DENTISTRY

Departmental Contact: The School of Dentistry has a postdoctoral academic (M.S.) geriatric dentistry degree program. Courses are open to students who have obtained the D.D.S. Contact William Bird, Director of Graduate Studies, Oral Health Services for Older Adults, Department of Health Ecology, 625-7641.

Offered Every Quarter

Dent 5989

Advanced Clinical Geriatric Dentistry

Arranged Credits Day Class Bird

Prereq #

Practical clinical experience in examination, diagnosis, treatment planning and treatment of older adult patients in the dental clinic at the Amherst H. Wilder Senior Health Center. Extensive case history reports reflecting the total social, psychological and physical aspects of the patient as well as the oral health status will be prepared and presented.

Fall, Winter, Spring Quarter

Dent 5990

Field Experience: Administration of a Multidisciplinary Health Center

Arranged Credits Day Class Bird

Prereq #

Administrative and management concerns related to the development of a dental service in a multidisciplinary care facility for older adults. Will be addressed through field placement at the Amherst H. Wilder Senior Health Center and affiliated residencies.

Dent 5992-5993-5994 Oral Health Services for Older Adults

Arranged Credits Day Class Bird

Prereq #

A series of seminars for graduate students which will focus on a broad variety of topics related to aging, the oral health of older adults and the delivery of oral health services to older adults. Readings, discussions and the design of a research project will comprise the major teaching methods of the sequence.

Fall Quarter

Dent 5945

Geriatric Hospital Dentistry

Arranged Credits Day Class Bird

Prereq #

Care of the elderly medically compromised patient. Diagnosis and treatment of complex patient dental/medical cases in conjunction with the medical assessment team. Resident, under the supervision of faculty, provides consultation, treatment planning and treatment of elderly patients with the Dental General Practice Residents.

Winter Quarter

Dent 5946

Geriatric Hospital Dentistry

Arranged Credits Day Class Bird

Prereq #

Care of the elderly and medically compromised patient; diagnosis and treatment under direct faculty supervision of difficult patients including those for organ transplants and immunocompromised conditions at the University Hospital Dental Clinic. Includes discussion and experience in general anesthesia cases, operating room techniques and pharmaceutical adjuncts for dental procedures.

DESIGN, HOUSING, AND APPAREL

Departmental Contact: Evelyn Franklin, Associate Professor, 624-2290 or 624-9700.

Contact the department for course information on aging.

ECONOMICS

Departmental Contact: Christina M.L. Kelton, Director of Undergraduate Programs, 625-6353, or instructor.

Winter Quarter

Econ 5534

Economic and Social Security

4 Credits Joint Day/Extension Class Williams, Jr.

^Ins 3210/8210; Prereq 1001, 1002 or equivalent, or #

Nature of economic insecurity caused by death, old age, poor health, unemployment, and poverty. Provisions and economic and social implications of public and private economic security programs. Major emphasis on such public programs as Old Age, Survivors, Disability and Health Insurance (Social Security), Worker's Compensation Insurance, Unemployment Insurance, and Public Assistance.

ENGLISH

Departmental Contact: Bart Galle, Adjunct Assistant Professor, Continuing Medical Education, 626-5525.

Spring Quarter

Engl 5920 **Topics in English and American Literature: Humanistic Case Studies in Health Care**
4 Credits Extension Class Galle

(Concurrent with HSU 5029) An exploration of health care issues through their embodiment in selected modern plays and novels. Discussion will focus on the full human context in which health-care decisions are made. Themes to be investigated include terminal care, the practitioner-patient relationship, the elderly patient, mental health and madness, and the politics of health-care institutions. Not a course in literary analysis.

FAMILY SOCIAL SCIENCE

Departmental Contact: Daniel Detzner, Associate Professor, Family Social Sciences, 625-3163.

Fall Quarter

FSoS 5240 **Aging Families**
4 Credits Day Class Detzner
Prereq FSoS 5200 or #

Aging families examined as complex developing systems interacting within a changing social structure. The dynamics of marital relationships, role changes, and family caregiving are explored and interactions between aging families, social service, and health care bureaucracies are analyzed.

Winter Quarter

FSoS 5240, Sec 3 **Humanities, Aging and Family Living**
4 Credits Joint Class Yahnke
Prereq FSoS 5200 or #

An overview of humanities (novels, short fiction, non-fiction, poetry, educational films) as they relate to the study of aging and family living. Emphasis on the experience of aging as it is perceived from the older person's point of view, especially as it relates to the experience of family living.

Spring Quarter

FSoS 5240 **Aging, Family, and Society**
4 Credits Joint Class Detzner
Prereq 5200, or #

The elderly examined within the larger context of ethnicity, family, social history, and international development. Significant roles, responsibilities, and place of the aged in families are analyzed from a cross-cultural perspective. The impact of modernization on the social problems and future prospects of the elderly will be investigated.

FINANCE AND INSURANCE

Departmental Contact: C. Arthur Williams, Jr., Professor, 624-1534.

Offered Every Quarter

Ins 3100/8100 **Risk Management and Insurance**
4 Credits Joint Day/Extension Class Cho, Whitman,
Williams, Jr.

How to recognize and evaluate the property, liability, and personnel risks facing a business, a nonprofit organization, a government unit, or an individual or family. The tools of risk management--mainly retention, loss control, and insurance--and the conditions under which they should be used. How to select and deal with an insurer. Public policy issues such as availability of insurance, insurance pricing, and social insurance.

Winter Quarter

Ins 3200/8200 **Personal Financial Management**
4 Credits Day Class Whitman
Prereq 3100 or equivalent

The personal financial planning process, financial statements, cash flow analysis, time value of money and debt management. Protection of income and assets from legal liability, disability, death, high medical costs, and property losses. Investment principles and vehicles, investment companies (mutual funds), portfolio construction and management. Taxes and tax management. Retirement planning, social security and employee benefits, pension plans, and estate planning principles and instruments. Professional ethics and government regulation of financial planners.

Ins 3210/8210 **Economic and Social Security**
4 Credits Day Class Williams
^ Econ 5534

Nature of economic insecurity caused by death, old age, poor health, unemployment, and poverty. Provisions and economic and social implications of public and private economic security programs. Major emphasis on such public programs as Old Age, Survivors, Disability and Health Insurance (Social Security), Worker's Compensation Insurance, Unemployment Insurance, and Public Assistance.

FOOD SCIENCE AND NUTRITION

Departmental Contact: Shirley Thenen, Professor, 624-3163.

Contact the department for course information on aging.

GENERAL COLLEGE

Departmental Contact: Robert Yahnke, Associate Professor, or instructors, 625-0504 or 625-6663.

Winter Quarter

GC 1136 **Biological Aspects of Aging**
4 Credits Extension Class Dearden

An overview of the biological changes that occur with aging, including a discussion of normal aging, common physical problems, diseases of the aged, drugs, preventive health care, the "activated patient" role, and the limits of intervention.

Spring Quarter
GC 3217

Community Service Internship
6-12 arranged Credits Extension Class Detzner

Prereq written permission, Aging Studies Program students only

Upper division students acquire career-related experience in human services, urban affairs, or government, working as interns/staff members in a local agency. Structure, functions, funding, politics, and goals of agency examined in weekly small-group seminars. Short written assignments, readings, and a journal help students blend fieldwork with academic materials. A paper/project requires interns to explore field-related topic in depth or make research contribution to agency.

GC 3238 **Public Programs in Aging: National, State, Local**
4 Credits Extension Class Patten

An overview of government programs at the local, state and national levels. Guest speakers from government agencies describe their programs. Discussion of the Older American Act, Social Security Program, Medicare Program, Medicaid Program, long-term care, and advocacy.

HEALTH SCIENCE UNITS

Departmental Contact: June Pavlik, HSU Courses, 624-6102; David Garloff, Chair, Health Sciences Educational Policy Committee, 624-5909.

Fall Quarter
HSU 5009

Multidisciplinary Perspectives on Aging
4 Credits Joint Day/Extension Class Ostwald, Cooper
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, PA 5414, PubH 5520, SAHP 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning, leisure.

Winter Quarter
HSU 5029

Humanistic Case Studies in Health Care
3 Credits Extension Class Galle

(Concurrent with Engl 5920) An exploration of health care issues through their embodiment in selected modern plays and novels. Discussion will focus on the full human context in which health-care decisions are made. Themes to be investigated include terminal care, the practitioner-patient relationship, the elderly patient, mental health and madness, and the politics of health-care institutions. Not a course in literary analysis.

HSU 5031 **Biology of Aging**
2 Credits Joint Day/Extension Class McKennell, Cooper

(Concurrent with SAHP 5007) The student will develop a working knowledge of biology of aging by examining theories of aging, organ systems, cardiovascular and renal systems, reproductive and endocrine systems, immunity, and issues of health and disease.

Spring Quarter
HSU 5030

Humanities and Aging
2 Credits Joint Day/Extension Class Yahnke, Cooper

(Concurrent with SAHP 5008) An examination of aging through the perspectives of literature, music, art, philosophy, and history. Discussion will focus on such topics as the historical experience of today's elderly cohort, paternalism, generational conflict, cross-cultural ceremonies of aging, and changing attitudes toward the elderly in America.

HISTORY

Departmental Contact: Clarke Chambers, Professor, 624-1089

Contact the department for course information on aging.

INDEPENDENT STUDY

Departmental Contact: Department of Independent Study, 624-9008.

Fall Quarter

Home VCR Course--Multidisciplinary Perspectives on Aging
4 Credits Extension Class Galle, AUCA faculty
Prereq soph

(Concurrent course numbers: CPsy 5305, Educ 5440, HSU 5009, PA 5414, PubH 5520, SAHP 5009, Soc 5960 [Sec 1], SW 5024) Introduction to aging as seen from a variety of disciplines. It includes study of the biological, psychological, and physiological aspects of aging; social services; long-term care; education; and public policy. The programs use interviews with senior citizens, legislators, long-term care personnel, and others.

Public Television Course--Multidisciplinary Perspectives on Aging
4 Credits Extension Class Galle, AUCA faculty
Prereq soph

(Concurrent course numbers: CPsy 5305, Educ 5440, HSU 5009, PA 5414, PubH 5520, SAHP 5009, Soc 5960 [Sec 1], SW 5024) Broadcast begins in March. Dates and times are as follows: KTCI/17, Monday, 5:30-6:00p.m., March 27 - May 29 Repeats Tuesday, 9:30-10:00a.m., March 28 - May 30 Introduction to aging as seen from a variety of disciplines. It includes study of the biological, psychological, and physiological aspects of aging; social services; long-term care; education; and public policy. The programs use interviews with senior citizens, legislators, long-term care personnel, and others.

INDUSTRIAL RELATIONS

Departmental Contact: C. Arthur Williams, Jr., Professor, 624-1534; Rebecca Luzadis, Assistant Professor, 624-9013.

Fall Quarter

IR 8025 Employee Benefits and Administration
4 Credits Extension Class Williams
Prereq 8005 or #

Concepts and procedures for administration of employee benefits within both public and private sector organizations. Alternative benefit forms and alternative approaches to analyzing planning and contracting employee benefits. Includes procedures for development of individualized benefit systems and legal aspects of employee benefit administration.

INTERDISCIPLINARY MEDICINE

Departmental Contact: Florence Brown, Administrative Secretary, 625-2620.

Offered All Eight Periods

InMD 5500

Outpatient/Clinical Problems

Arranged Credits Day Class Howe

Prereq third or fourth year medical student

Six week course which includes 60 hours of classroom instruction and clinical experiences. Geriatrics is one of four selectives that the student may choose.

NURSING

Departmental Contact: Muriel Ryden, Associate Professor, 624-6939; Diane Kjervik, Director of Graduate Studies, 624-5139.

Winter Quarter

Nurs 5212

Introduction to Human Growth and Development Across the Life Span

4 Credits Day Class Ryden, Alaniz

Prereq general psychology and general biology

Introduction to human growth and development from conception to death using a life span approach. Physical, cognitive, social, personality and moral domains will be explored with major theoretical viewpoints, and selected research strategies and findings.

Nurs 8050

Problems in Nursing

1-4 arranged Credits Day Class Ryden

Prereq 8014 and #

Seminar for graduate students in nursing working on Plan B programs or theses in gerontology.

OTOLARYNGOLOGY

Departmental Contact: Frank M. Lassman, Professor and Director of Graduate Studies, 625-3994.

Offered Every Quarter

Otol 5970

Directed Studies: Aging Auditory System

Arranged Credits Day Class Lassman and faculty

Prereq #

Directed readings, pilot studies and preparation of reports on the structure and function of the aging auditory system.

PHARMACY (SOCIAL, ADMINISTRATIVE AND HOSPITAL PHARMACY)

Departmental Contact: Sue Cooper, Assistant Professor, 221-3594.

Fall Quarter

SAHP 5009

Multidisciplinary Perspectives on Aging

4 Credits Joint Day/Extension Class Ostwald, Cooper

Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PA 5414, PubH 5520, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure.

Fall Quarter

SAHP 5011

Pharmacy Practice in Long-Term Care Facilities

4 Credits Day Class McKennell

Prereq #

Introduction to the long-term care environment and with the procedures and responsibilities of the pharmacist consultant. Topics include the administrative structure, drug distribution systems, drug utilization review, critical drug-use problems and interprofessional relations.

Winter Quarter

SAHP 5007

Biology of Aging

2 Credits Joint Day/Extension Class McKennell, Cooper

Prereq soph

(Concurrent with HSU 5031) Comparative biology and aging at molecular and cellular levels in various plants and animal systems. Emphasis on human biology, including pathobiology and theories of aging, nutrition, immunology, and a review of organ systems.

Spring Quarter

SAHP 5008

Humanities and Aging

2 Credits Joint Day/Extension Class Yahnke, Cooper

Prereq soph

(Concurrent with HSU 5030) Aging through the perspectives of literature, music, art, philosophy, and history. The historical experience of today's elderly cohort, paternalism, generational conflict, cross-cultural ceremonies of aging, and changing attitudes toward the elderly in America.

PHYSICAL EDUCATION

Departmental Contact: Lela June Stoner, Professor, 625-2044.

Offered Every Quarter

PE 5983

Readings

Arranged (1 to 9) Credits Day Class Graduate faculty

Prereq undergrad in College of Education or grad student

Readings under tutorial guidance on exercise physiology and the elderly.

PHYSICAL MEDICINE AND REHABILITATION (PROGRAMS IN OCCUPATIONAL THERAPY AND PHYSICAL THERAPY)

Departmental Contact: Louis Amundsen, Assistant Professor, 626-3591; Corinne Ellingham, Assistant Professor, 626-3554.

Fall Quarter

PMed 5340

Human Development

4 Credits Day Class Huss

Prereq #

Designed as a foundation course to acquaint students with the physiological, psychological and social development of the human being from conception to death.

Winter Quarter

PMed 5810

Assessment of the Elderly

3 Credits Joint Day/Extension Class Amundsen, Ellingham,

Huss

Prereq #

Background information on the elderly person with emphasis on physical and functional capacity. Course includes lecture, laboratory and practical experiences with the elderly.

PSYCHOLOGY

Departmental Contact: Matthew McGue, Associate Professor, 625-8305.

Winter Quarter
Psy 5138

Psychology of Aging
4 Credits Day Class McGue
Prereq 5135, 5862, or #

Behavioral changes that occur in mid and late adulthood will be described and analyzed from psychological, biological and sociological perspectives. Methodology appropriate for studying behavioral aging and change will be described and applied to the cognitive and personality changes associated with aging. Although pathology will be considered, general focus will be on describing factors that contribute to the aging process.

PUBLIC AFFAIRS

Departmental Contact: Nancy Eustis, Professor, 625-4534 or 625-9505.

Fall Quarter

PA 5414

Multidisciplinary Perspectives on Aging
4 Credits Day Class Ostwald, Eustis
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PubH 5520, SAHP 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long-term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning and leisure.

PA 5433

Social Welfare Reform and Income Support Policy
3 Credits Joint Day/Extension Class Patten
Prereq graduate or #

Analysis of major issues including poverty, income redistribution, equality, criteria for evaluating programs, development and impact of current income maintenance systems; limited analysis of selected existing or proposed programs; policy alternatives and their related consequences. Papers in memorandum form emphasizing analytical skills required.

Winter Quarter

PA 5412

Long-Term Care
3 Credits Joint Day/Extension Class Patten
Prereq grad or #

Analysis of legislation and policies which encompass care for dependent older persons or other groups (e.g., physically or mentally disabled younger adults), both nursing homes and non-institutional housing and services. Consideration of social, political, and economic context for public and private efforts. Analysis of funding and organization of community (non-institutional) care.

PUBLIC HEALTH

Departmental Contact: Sharon Ostwald, Assistant Professor, 625-4993.

Offered Every Quarter

PubH 5784

Issues in Long Term Health Care
2 Credits Extension Class Gordon and staff

Reading course on topics affecting long term health care: changing delivery of acute care services, right to die issues, patients' rights, patient responsibilities for health, and moral and ethical issues facing health care professionals.

Offered Fall, Winter, Summer Quarter

PubH 5782

Practicum in Long-Term Care Administration
6 Credits Extension Class Gordon
Prereq 5780, 5781 or #

A 300-hour practicum in a nursing home setting under the guidance of a preceptor. Includes a four-day seminar on campus.

Fall Quarter

PubH 5520

Multidisciplinary Perspectives on Aging
4 Credits Joint Class Ostwald, Kane
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PA 5414, SAHP 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long-term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning and leisure.

PubH 5749

Administration of Services to an Aging Clientele
3 Credits Extension Class Stryker-Gordon

Management within long-term care organizations. Emphasis on institutional living in nursing homes. Consists of lectures, field visits and research papers.

PubH 5780

Administration and Law in Long-Term Care
2-6 Credits Extension Class Gordon

Minnesota Board of Licensure approved course for Nursing Home Administrators. Approved for three areas of content: management (4 cr), health care law (2 cr), or management, health care law and human resource management (6 cr). Course combines on-campus seminars (September 19, 20, 21, and December 1), correspondence study, and final examination.

PubH 5781

Gerontology and Services in Long-Term Care Patients
2-6 arranged Credits Extension Class Gordon
Prereq 5780

A 12-week course combining five days of on-campus seminars with independent study. Psychosocial gerontology as base for planning and identifying services and programs in long-term care organizations.

Winter Quarter

PubH 5517

The Elderly: A High-Risk Population
3 Credits Joint Day/Extension Class Ostwald
Prereq upper div or grad

Focus on characteristics that place the over 65 age group at high risk for disability, institutionalization, and death. Health maintenance, rehabilitation, and alternatives to institutionalization.

PubH 5932

Nutrition: Adults and the Elderly
3 Credits Joint Class Mullis, Krinke
Prereq 3000 level nutrition course or equivalent number

Review of current literature and research on nutrient needs and factors affecting nutritional status of adults and the elderly.

Spring Quarter
PubH 5783

Financial Management and Planning for Long-Term Care
6 Credits Extension Class Gordon

Basic tools of financial management for the long-term health care facility. Opportunity for practical application of these tools in class and at the work site for students working in long-term care facilities.

RECREATION, PARK AND LEISURE STUDIES

Departmental Contact: Caroline Weiss, Associate Professor, 625-7590.

Fall, Winter, Spring Quarter

Rec 5981

Problems

Arranged Credits Day Class Weiss
Prereq MEd or MA student or #

Focus on conduct of recreation programs for the elderly.

Spring Quarter

Rec 5240

Recreation and Aging

4 Credits Day Class Weiss
Prereq 3540 or 5100 or #

Examines the array of leisure services in the community and in the institution for aging individuals. Contact the instructor for further information.

SOCIAL WORK

Departmental Contact: Rosalie Kane, Professor, 624-5138; Jean Quam, Associate Professor, 624-1080.

Fall, Winter, Spring Quarter

SW 3970/8970

Special Topics: Individualized Research in Aging

Arranged Credits Day Class Kane, Quam
Prereq #

Independent study under tutorial guidance.

SW 5211

Advanced Theories of Human Growth and Change

3 credits for graduate students; 4 credits for undergraduates
Credits Joint Day/Extension Class Carter, Taber
Prereq graduate standing or 12 credits in social sciences

Socio-psycho-biological factors associated with individual and group development as applied to social work practice.

Fall Quarter

SW 5024

Multidisciplinary Perspectives on Aging

4 Credits Joint Day/Extension Class Ostwald, Cohn, Quam
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PA 5414, PubH 5520, SAHP 5009, Soc 5960) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long-term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning and leisure.

Winter Quarter
SW 5013

Interdisciplinary Team Training in Health Services Delivery
3 Credits Joint Day/Extension Class Schwanke, Sullivan
Prereq soph

Interdisciplinary team development with application to public health, human service projects, didactic content, experiential methods, activities to develop attitudes, skills essential to effective team goal setting, decision making, problem-solving, and task accomplishment.

SOCIOLOGY

Departmental Contact: Donald McTavish, Professor, 625-3190; Katherine Simon Frank, Coordinator of Undergraduate Advising, 624-7326 or 624-4300. NOTE: All Day School courses listed are also available through Extension. Contact Continuing Education and Extension for further information.

Fall Quarter

Soc 5855

Sociology of Medicine and Health Care: An Introduction to Medical Sociology

4 Credits Joint Day/Extension Class Litman
Prereq PubH 5790, sr, or grad

Social factors associated with incidence of physical and mental illness and treatment. Social organization of medical institutions. Public needs and medical services. Sociology of aging, social problems of the aged.

Soc 5960

Multidisciplinary Perspectives on Aging

4 Credits Joint Day/Extension Class Ostwald, McTavish
Prereq soph

(Concurrent with CPsy 5305, Educ 5440, HSU 5009, PA 5414, PubH 5520, SAHP 5009, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement; issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long term care, and education; public policy and legislation; environments and housing; advocates; retirement, lifelong learning, leisure.

Winter Quarter

Soc 5505

Family Development

5 Credits Day Class Leik
Prereq Soc 1001, 3201 or 5201, CPsy 1301 or #

The natural history of families--how they form, function, and achieve distinctive identities. Developmental growth of children and parents in interaction in seven stages of the family life cycle, from engagement planning to family dissolution.

Soc 5938

Aging and the Life Course

4 Credits Day Class McTavish
Prereq 3201 or 5201; 3401 or 5401; 3937 or equiv or #

Theories of aging, age stratification, generational change, comparative study at organizational and individual levels.

Spring Quarter

Soc 5956

Sociology of Death

4 Credits Day Class Fulton
Prereq jr or sr, 8 cr in Sociology, or #

Issues and problems that mortality presents in contemporary society.

The following courses are not primarily focussed on aging issues but include material of interest to students studying gerontology.

Fall, Winter Quarter
Soc 3551

World Population Problems
4 Credits Extension Class Kennedy, staff

Population growth and natural resources, population dynamics, fertility and mortality in less developed nations, population forecasts, population policies to reduce fertility.

Fall Quarter
Soc 3960

Topics: Sociology of Leisure
4 Credits Class To be Announced
Prereq Soc 1001 or equiv or #

Sociology of leisure is contemporary society. Role of social structure and social psychology. Topics will include relationship between work and leisure, social norms governing leisure and leisure setting, leisure and social stratification, the social roles of leisure, leisure and identity, and leisure and deviance.

MEDICAL SCHOOL

There are courses in several Medical School departments that focus on the elderly patient. These courses are generally open only to students in the Medical School. For further information, contact the following faculty:

Patrick Irvine, M.D., Department of Medicine-814, University of Minnesota, Hennepin County Medical Center, 701 Park Avenue South, Minneapolis, MN 55415. Telephone: 347-2121.

Joseph Keenan, M.D., Department of Family Practice and Community Health, 6-240 Phillips-Wangensteen Building, Box 381 UMHC, 516 Delaware Street, SE, Minneapolis, MN 55455. Telephone: 627-4943.

David Knopman, M.D., Department of Neurology, University of Minnesota, 12-100 Phillips Wangensteen Building, Box 295 UMHC, 516 Delaware Street, SE, Minneapolis, MN 55455. Telephone: 625-9900.

James Pattee, M.D., Department of Family Practice and Community Health, University of Minnesota, Box 718 UMHC, Minneapolis, MN 55455. Telephone: 624-2622.

COORDINATE CAMPUSES

CROOKSTON

Campus Contact: Glenice Johnson, Assistant Professor; Program Coordinator - Gerontology, 218/281-6510, Extension 408.

HOSPITALITY AND HOME ECONOMICS DIVISION

Fall Quarter
Gntl 1283

Introduction to Gerontology
3 Credits Extension Class Johnson

Overview of demographic data and projections pertinent to the over-65 population in the United States. Characteristics, changes, and concerns of older persons including physiological, psychological, social, economic, and political factors associated with age. Includes individual work with an adult.

Winter Quarter
CD 1204

Adult Development
4 Credits Day Class Johnson

Human behavior and development from young adulthood through aging. Emphasis on physical, cognitive, social and emotional development.

FScN 1273

Modified Diets
3 Credits Day Class Stewart

Development of diet for hospitals, nursing homes, penal institutions and summer camps with regard to age, activity, and condition of resident or patient.

Gntl 1383

Community Resources for the Elderly
3 Credits Extension Class Johnson

Discuss, explore and compare the various services and programs available to the elderly including housing, homemaking, health, nutrition and meals, transportation, socialization, recreation, and financial services. Funding sources, fees and eligibility for such programs.

HE 1602

Recreation Leadership
2 Credits Day Class Johnson

Methods and materials for social activities for groups of various sizes and ages. Emphasis on mechanics of planning and presenting a repertoire of social recreation activities. Organized recreational units, major program areas and inter-relationship of special agencies and institutions are explored.

Spring Quarter

FScN 1412

Nutrition Through the Life Cycle II
2 Credits Day Class Stewart

Nutritional needs during the adult and later years. Format includes lectures, films and guest speakers.

Gntl 1243

Therapeutic Activity Planning for the Elderly
3 Credits Day Class Johnson

Therapeutic intervention techniques used with the elderly including reality orientation, remotivation, reminiscence and life review, art, music, range of motion mechanics, and activities of daily living to achieve maximum individual potential.

Spring Quarter
Gntl 1913

Current Issues in Gerontology
3 Credits Extension Class Johnson

Includes injustices against the aging, current legislation, economic status of the elderly, retirement, sexuality, and institutionalization. Research of current periodicals and opposing views.

HE 1213 Human Services Program Management
3 Credits Day Class Olsen

Development of professional competencies and skills necessary for managing a commercial or social service agency in the areas of housing, child care, family or the elderly.

HE 1983 Human Service Practicum
3 Credits Day Class Johnson

Paraprofessional level interviewing/counseling skills, agency interaction, referral resources, crisis intervention. Includes agency placement with emphasis on gerontology.

DULUTH

Campus Contact: Janine Watts, Associate Professor, Department of Child and Family Development, 218/926-8186.

COMMUNICATION DISORDERS

Winter Quarter
CD 8205

Adult Language Disorders
3 Credits Day Class Mizuko
Prereq #

Theoretical and practical study of the language disorders.

Spring Quarter
CD 5420

Adult/Geriatric Rehabilitation Practicum
Arranged, 6 maximum Credits Day Class Loven
Prereq CD major or #

Provides student with the opportunity to exercise and refine audiological rehabilitation skills with adults under direct supervision.

Summer Quarter
CD 5500

Communication Disorders in Chronically Ill and Aged
3 Credits Day Class Hawk

Communication skills in the chronically ill and aged and the roles they play in the total rehabilitation and/or adjustment of patients. Emphasis on consideration of patient care needs in light of the nature and extent of communication description.

CD 8305 Clinical Seminar: The Aurally Impaired
3 Credits Day Class Loven
Prereq #

Theoretical and practical study of aurally impaired individuals. Submission of a satisfactory paper plus a case study.

SOCIOLOGY-ANTHROPOLOGY-GEOGRAPHY

Winter Quarter
Soc 3923

Death and Dying
2 Credits Day Class Hafferty
Prereq 1100, 40 credits, or #

A sociopsychological analysis of bereavement and the processes involved in preparation for death.

MORRIS

Departmental Contact: Ellen Ordway, Professor of Biology, 612/589-2211, Extension 6308; Jooinn Lee, Professor of Political Science, 612/589-2211, Extension 6208; Bruce A. Nord, Associate Professor of Anthropology and Sociology, 612/589-2211, Extension 6181, or instructor.

PSYCHOLOGY

Spring Quarter
Psy 3502

Developmental Psychology III: Adulthood, Aging, and Death
1-5 arranged Credits Day Class Benson
Prereq 1201 or #

Introduction to theory, data, and research concerning the age group from young adulthood to old age. Emphasis on physical, cognitive, and social changes.

ROCHESTER CEE CENTER

Campus Contact: Nancy Kaufman, Program Director, 507/288-4584 or 612/224-2263.

Fall Quarter

HSU 5029

Humanistic Case Studies in Health Care
3 Credits Extension Class Galle

(Concurrent with Engl 5920 and SAHP 5305) An exploration of health care issues through their embodiment in selected modern plays and novels. Discussion will focus on the full human context in which health-care decisions are made. Themes to be investigated include terminal care, the practitioner-patient relationship, the elderly patient, mental health and madness, and the politics of health-care institutions. Not a course in literary analysis.

PubH 5520

Multidisciplinary Perspectives on Aging
4 Credits Extension Class Ostwald

(Concurrent with CPsy 5305, Educ 5440, PA 5414, SAHP 5009, Soc 5960, SW 5024) A multidisciplinary introduction to aging and the aging process. Topics include biological, social, psychological aspects of aging; theories of aging; death and bereavement issues and problems of older adults in America; human services and their delivery systems such as social services, health, nutrition, long-term care, and education; public policy and legislation; environments and housing; advocates; retirement; lifelong learning; and leisure. This course is offered through the Instructional Television System.

Winter Quarter
HSU 5031

Biology of Aging
2 Credits Extension Class McKennell, AUCA faculty

(Concurrent with SAHP 5007) The student will develop a working knowledge of biology of aging by examining theories of aging, organ systems, cardiovascular and renal systems, reproductive and endocrine systems, immunity, and issues of health and disease. This course is offered through the Instructional Television System.

Spring Quarter
HSU 5030

Humanities and Aging
2 Credits Extension Class Yahnke, AUCA faculty

An examination of aging through the perspectives of literature, music, art, philosophy, and history. Discussion will focus on such topics as the historical experience of today's elderly cohort, paternalism, generational conflict, cross-cultural ceremonies of aging, and changing attitudes toward the elderly in America. This course is offered through the Instructional Television System.

WASECA

Campus Contact: Sandra Allaire, Assistant Professor, Home and Family Services; Karen Liu, Associate Professor, Home and Family Services, William Nelson, Associate Professor and Division Director. All of the professors may be reached at 507/835-1000.

HOME AND FAMILY SERVICES

Offered Every Quarter

HfSc 1059 Directed Studies in Aging
1-3 arranged Credits Day Class Allaire

Individual study or a project in some field related to the aging.

Fall Quarter

HfSc 1184 Introduction to Gerontology
4 Credits Day Class Allaire

Human physical, psychological and social changes resulting from time-dependent factors. Emphasis on how these changes affect relationships within society.

HfSc 1283 Creative Activities for the Elderly
3 Credits Day Class Liu

Planning and carrying out creative and socialization activities appropriate for elderly persons within a variety of programs. Emphasis on skills to achieve individual physiological and psychological changes.

HfSc 1533 Family Food Preparation--Regular and Special Diets
3 Credits Day Class TBA

Development of techniques in food preparation. Standards of evaluation of food products. Fundamentals of menu planning, food purchasing, safe preparation, and meal service with emphasis on foods for the young children and foods for the elderly. Special emphasis will be placed on planning modified diets and preparation of appropriate foods.

HfSc 1813 Issues in Family Life
3 Credits Day Class Allaire

Study of the dynamics of marriage throughout various stages of life. Elements of positive relationships as well as problems and adjustments. Contemporary concerns of the family. Alternate lifestyles.

HfSc 1832 Documentation and Regulations in Human Services Program
2 Credits Day Class Allaire
Prereq 1184

A study of the state and federal regulations which mandate documentation of services in human services facilities. Special emphasis will be placed on practical experience in methods of documentation as they pertain to activity professionals. Different types of documentation will be learned.

HfSc 1844 Lifespan Development

4 Credits Day Class Allaire

Study of human development throughout the entire lifespan. Examine the years from birth through old age with special emphasis on the adult years. Discuss physical, emotional and social changes that accompany growing older.

Winter Quarter

HfSc 1812 Health Issues and the Elderly

2 Credits Day Class Allaire

Major health problems of the elderly will be explored. Techniques will be learned on how to interact with them most effectively taking their health condition into consideration. Major focus will be on establishing wellness programs.

Spring Quarter

Food 1432 Nutrition Through the Life Cycle

2 Credits Day Class Wilson

Application of the principles of nutrition to meet the special requirements of growth, development, maintenance, and aging. The influence of various life stages and styles on diet and food patterns. Emphasis on professional education for nutritional care of various age groups.

HfSc 1384 Practicum-Services for the Rural Elderly

4 Credits Day Class Allaire

Prereq 1184

Students interact with older adults through and in cooperation with outside agencies. Application of knowledge of various aspects of the aging process in development of skills needed for working with the elderly. Public laws, services and resources that affect this age group.

HfSc 1582 Death and Dying

2 Credits Day Class Allaire

The significance of death in human life-individual as well as social. Emphasis on understanding the students own feelings and attitudes toward death and dying and others who are experiencing it.

HfSc 1823 Therapeutic Activities for the Elderly

3 Credits Day Class Allaire

A study of the administration of a therapeutic recreation program, program planning, resources, activities and adaptation of activities for all groups. Special emphasis will be placed on practical experiences in long-term care facilities.

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301 19th Avenue South
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